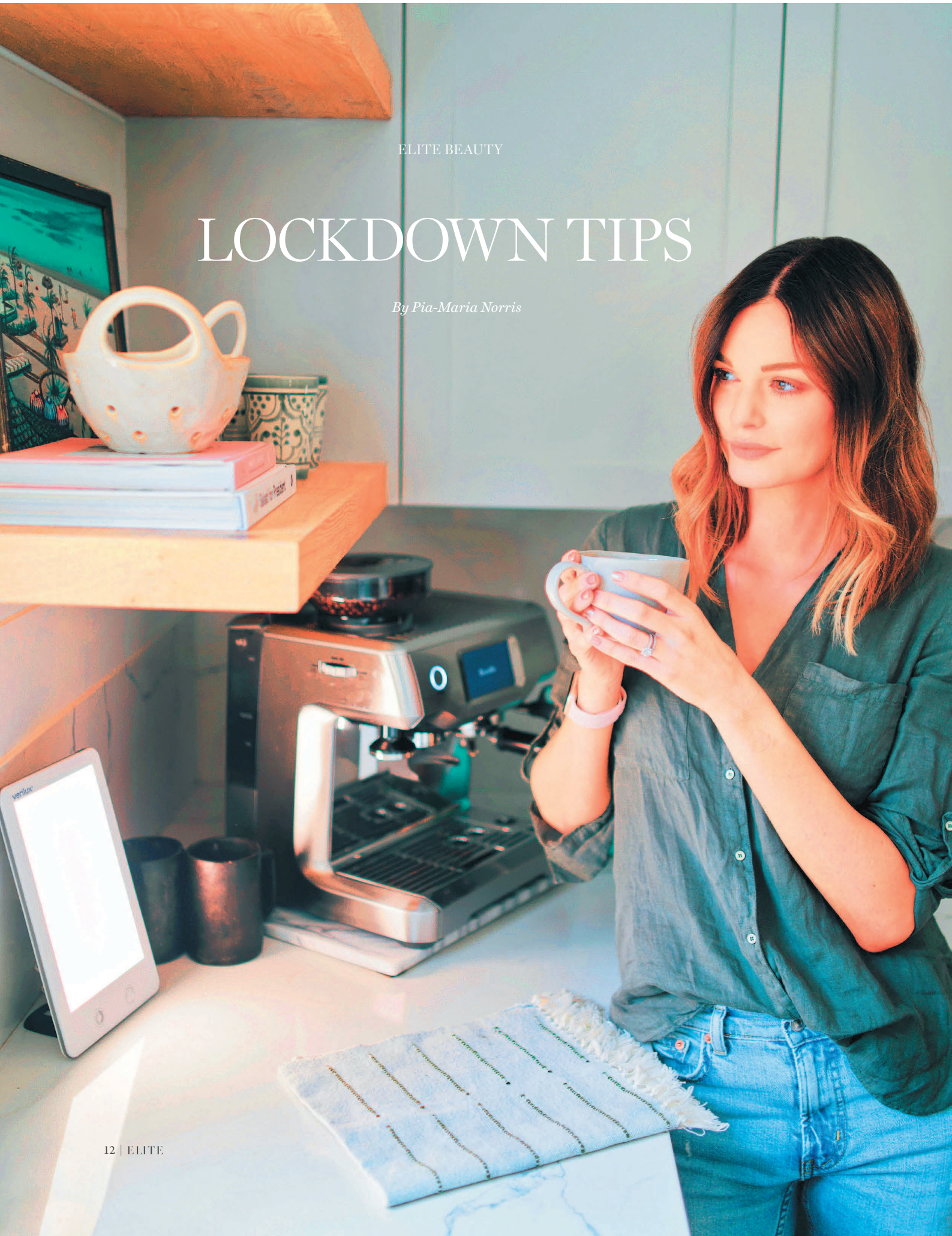


ELITE BEAUTY

LOCKDOWN TIPS

By Pia-Maria Norris



Hydrate!

Drinking plenty of fluids and hydration acceleration solutions can help people combat infections and help them recover faster.

SOS+

This medically developed electrolyte drink mix helps you rehydrate 3x faster than water alone! Provides 3x more electrolytes, 6x less sugar, and 6x less calories than competing brands for more effective fluid absorption. Offered in various great-tasting flavors and formats, including practical TSA approved sachets.

(50 Serve Tub \$34.99, 20 Stick Box \$17.50, soshydration.com)



Use Hand Cream

With all the hand washing we are advised to do now, the hands are bound to take a beating, so remember to add a nurturing hand cream to your daily routine.

Repêchage - Sea Spa Hand Cream

This luxurious and nurturing hand cream helps smooth and moisturize hands with rich shea butter and moisture-binding seaweed. Nonsticky and simply fabulous.

(\$29, repechage.com)

