

# Alan Thicke

## Talks Private Planes and Other Luxe Perks of the Profession

**L**R: Where is your favorite travel destination?

**AT:** My favorite travel destinations include Muskoka, Vancouver Island, Montreal, Las Vegas, New Orleans... and any beach in the Caribbean. Or Cabo! I tend to prefer solitude, sunshine, and relaxation when I have elective time. When I was younger I made a point of visiting every museum, fort and cathedral in every city I visited. Now I'll take a palm tree and a piña colada.

I have always relished sharing my travel opportunities with family, especially my children. Robin Leach, in his "Lifestyles of the Rich and Famous" heyday, was always generous enough – when I begged – to include nieces and nephews, mothers and fathers, brothers and sisters (disguised as publicists, managers, agents, hairdressers) on excursions through Africa, Greece, Taiwan, Russia and more on that show and others like it.

Nowadays, celebrity golf tournaments are a fine way to travel as a "guest," see cool parts of the planet, get more swag, and, rather than have them over for dinner, reunite with friends on that circuit... and not have to clean up after them.

My bucket list includes Via Rail through western Canada, a river cruise in Europe and an intense tour of the Balkans. Okay, I guess that means a few more forts. And sign me up for one more Cathedral.

**LR:** What kind of cuisine do you favor?

**AT:** My culinary tastes are basics from the steak, lobster and French fries family. I do enjoy the occasional foray into bone marrow



©Courtesy of Pop/Patcock Alley

and I loved foie gras before I learned how they obtain it. You can offer me a gourmet poutine and a butter tart any day. I am considered to be highly experimental in my openness to new dishes. For that reason, I was very popular in Vietnam for eating every imaginable part of an ox... and in Russia for eating brown bear chops with nary a fruity sauce to calm the taste. I love Chinese and Indian especially but my sister's ribs win the gold medal every time. My grandmother made a fabulous bread pudding whose recipe left when she did.

**LR:** What is your best tip for "living fabulously"?

**AT:** My best tip for living fabulously would be to keep an open mind, be free to experiment, explore... try new foods, activities, vacations, challenges, work possibilities and acquaintances. None of us will live long enough to experience and enjoy all of the fabulousness our world has to offer so look around, get busy every day and just dig in

My hat's off to Thicke for his levity and candor. Well played. ■

— MERILEE KERN  
@LuxeListEditor